



ALL MOUNTAIN ADVENTURES

LIFT ACCESS EQUIPMENT LIST

The key to lift access off-piste skiing is to stay warm on the lifts and not over heat on the descents. So bring breathable waterproof clothing that will keep you dry and warm.

Clothing

- Hardshell Pants** - lightweight and waterproof
- Long Underwear Bottoms**
- Hardshell Jacket**- Gor-tex or similar
- Puffy Jacket** (Lightweight synthetic or down jacket) - something package, yet warm, example: Marmot's Baffin Jacket
- Mid weight fleece/jacket**- a good mid layer, example: Marmot's Power Stretch (half zip), DriClime, or softshell jacket
- Long Underwear Top** - lightweight synthetic example: Marmot Lightweight Crew
- 2 pairs of Ski Socks**
- 2 pair of Ski Gloves** - Warmer, thicker and still lightweight, example: Marmot Randonnée Glove
- Warm Ski Hat**- covers ears, example: Marmot Summit Hat
- Neck Gaiter**- the cool and classic "buff" or bring a traditional neck gaiter
- Town clothes and shoes**

Skiing Equipment

With the goal of good downhill skiing in mind, having a bomber ski and boot set-up is key to success, so avoid the super lightweight ski touring kit.

- Skis/Board**- Some places we can rent skis, but most like to ski on their own set up. Skies around 85 to 110 mm under foot are great in powder and you can still use them in hard pack. If you like super fat skis 110+ mm bring them as your second pair and pull them out accordingly.
- Ski Bindings** - Alpine or touring bindings you feel comfortable skiing on.
- Ski Boots** - Make sure they fit well, comfort is key! A ridged touring boot or downhill boot works well since we are using lifts and minimal touring is involved.
- Ski Poles** - adjustable are nice.
- Ski Strap** - A strap to hold your skis together when carried on your pack or over the shoulder

- Pack** - A simple and lightweight pack is recommended. 35 liters is all that is needed and one with ski attachments. Try and avoid going any bigger as more space is not needed, the pack weighs more, and is usually much harder to ski with. example: Marmot Eiger 35.

- Ski Helmet**- Good idea!

Miscellaneous

- Water bottle or Thermos**
- Sun Glasses** - a good pair with 100% UV protection.
- 2 pair of Ski Goggles**
- Sunscreen** - 30-40 SPF and in a small container. Bring just enough for a week! Remember we're covering just our faces, necks and sometimes arms.
- Lip Protection** - with SPF
- Electric plug adapters and/or transformers** - be sure to double check the voltage and Hz before plugging things in
- Toiletries**
- Camera**
- Passport**
- Credit Card & Cash** - Visa and MasterCard are accepted in many places, but you will need Euros for some of the smaller restaurants and bars. You will get a better exchange rate for cash if you get it from the ATM's in Europe than from a teller.

Equipment Provided (If Necessary)

- Transceiver** - If are practiced with your own beacon, of course bring it. However, we do supply BCA Tracker's to those who need one. These are great, simple and very effective beacons if in the market for one.
- Probe**
- Shovel**
- Harness**

Group Equipment Provided

- **Repair kit** - We carry a small repair kit for minor repairs to poles, bindings, and other equipment.
- **Maps**- we carry appropriate maps for the area. If interested in your own let us know when you arrive.
- **Radio, cell phone, Group First Aid, Evacuation Sled, and Rope.**